

2025



## Bachelor of Education

( Guidance and Counseling )

Course – 11 (ii)

Full Marks : 70

Time : 3 hours

*The figures in the margin indicate full marks  
for the questions*

*Answer five (5) questions from within the Internal options*

1. a) Explain the concept and nature of Guidance. Discuss the need of Guidance for secondary students. 3+4+7

*Or*

b) Explain the concept and nature of Counseling. Explain the principles involved in a Counseling Programme. 3+4+7

2. a) What is Vocational Guidance? Elaborate on the need of Vocational Guidance in schools. 5+9

*Or*

b) Explain the meaning of Personal Guidance. State the needs of providing Personal Guidance in schools. 5+9

*(Please turn over)*

3. a) What do you understand by Counseling Services? Discuss the various problems faced by adolescents at present in Nagaland. Suggest some measures through which a teacher/counselor can help students overcome such problems. 3+4+7

*Or*

b) Discuss the phases of activities for organizing Career Corner. What role should a career master play in organizing a career exhibition? 7+7

4. a) What do you understand by Career Information? Explain the process of classification and filling of career information. 5+9

*Or*

b) Discuss the various sources of collecting Career Information. Explain the different methods you would use for the dissemination of information to your students. 5+9

5. Write notes on *any two* of the following: 7x2

- a) Role of parents in Guidance and Counseling
- b) Career talk
- c) Educational Guidance
- d) Role of State Vocational Bureau



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## Bachelor of Education

### ( Health and Physical Education )

Paper - 11(iii)

Full Marks : 70

Time : 3 hours

*The figures in the margin indicate full marks for the questions*

*Answer five questions within the internal options*

1. a) Discuss the concept of Health and Physical Education. Justify Health and Physical Education as integral part of Education. **4+10**

*Or*

b) Health is a state of complete Physical, Mental and Social well-being. Discuss. **14**

2. a) Define Yoga. Define the role of Yoga towards Healthy and integrated life. **4+10**

*Or*

b) Trace the factors leading to Anxiety and Stress among children. How can yoga help in developing Mental Health of students at secondary level? **6+8**

*(Please turn over)*

3. a) Justify how Health and Hygiene program is important in a school. As a teacher, how will you organize health and hygiene programme in your school.

6+8

*Or*

b) What is a balanced diet? Elaborate the important points to be considered while formulating the balanced diet.

7+7

4. a) As a teacher, which points should be kept in mind for a proper planning and organization of physical education programme at secondary level?

14

*Or*

b) Why evaluation and assessment is important in students performing Health and Physical Education? Point out few suggestions for making it an effective instrument.

7+7

5. Write notes on *any two* of the following:

7x2

- a) Causes of Alcohol and Drugs abuse in secondary school level students.
- b) First Aid in case of Third Degree burn.
- c) Construct tools for students performing Physical Education Program.
- d) Development of Physical Education in India.

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## Bachelor of Education

( Peace Education )

Course – 11 (iv)

Full Marks : 70

Time : 3 hours

*The figures in the margin indicate full marks for the questions*

*Answer five questions within the internal option*

1. a) Explain the concept of Peace Education? Discuss the need and importance of Peace Education in your state. 2+12

*Or*

b) Explain the role of School and Religion in promoting Peace Education. As a teacher, how would you facilitate these agencies in promoting Peace Education? 7+7

2. a) Distinguish between violent and non-violent conflicts. In the context of your state, discuss any four conflict handling mechanisms. 4+10

*Or*

b) Critically examine the role of UNO in Conflict Resolution. 14

*(Please turn over)*

3. a) Critically examine the role of Mahatma Gandhi in promoting Peace.

14

*Or*

b) Discuss violence and crimes as challenges to Peace. Examine the need of Democracy in promoting Peace.

8+6

4. a) Explain the growth and development of Peace studies in India.

14

*Or*

b) What is Mindfulness? Discuss healthy discipline practices in and outside school that promotes peace.

2+12

5. Write note on *any two* of the following-

7x2

- a) Positive and Negative Peace.
- b) Unemployment problems as a source of conflict.
- c) Nature of Ethnic Conflict.
- d) Emerging need of Human Security for sustainable peace.

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